I can’t believe it’s nearly October already.

I have managed to visit quite a few schools since the start of term and we seem to have some very enthusiastic JRSOs again this year – I’m sure we will get lots of very important road safety messages across to our school communities throughout the year.

Remember the main thing is to have fun 😊

**Activities for October**

- Organise to do an assembly for younger pupils in your school - ask for help if you are not sure what to do or say

- Write ideas down on what your first competition can be – Be Bright Be Seen is an easy one to start off with!

- Register your school for the FREE 10 Day Active Travel Challenge (details of page 1)

- Set up your JRSO notice board

- Use your meetings to plan all your ideas and events – don’t do too much straight away – you have all year to get your messages across

  - **Remember not to do too much & have fun!**

If you don’t have a handbook or you need some road safety resources or competition prizes then please get in touch 😊

Your handbook is very important. It’s like a diary where you can record all your ideas and plan what you want to do.

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### October

**JRSO News**

**When it is?** 15th - 26th October

**What is it?**

A challenge to see how many people can travel to school in an active way for 10 consecutive days.

**How much does it cost?**

FREE for all schools in South Yorkshire

**Contact Details:**

Register your school with Kat Harrison:

Tel: 0114 273 5828

Email: Kathryn.harrison@sheffield.gov.uk

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**Your JRSO Support Officer**

Allison Cooper
Countywide Road Safety Officer
Lifewise Centre
Kea Park Close, Hellaby
Rotherham, S66 8LB
Tel: 01709 832328
Email: Allison.Cooper@southyorks.pnn.police.uk
Allison.Cooper@sheffield.gov.uk

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**10 Day Active Travel Challenge**

**Your handbook**

**Making South Yorkshire Roads Safer**

www.sysrp.co.uk
October has the theme ‘Be Bright Be Seen’. It is important to be bright at this time of year as we see the evenings beginning to get darker and the weather a little more bleak. As we head towards winter, dress so that you can be seen when you are out and about and traveling to & from school.

Think about when you go out for Halloween & Bonfire Night, make sure you are safe and can been seen

- Wear something bright and reflective so that you can be seen by other road users.
- Stay with your grown-up and look after any younger brothers and sisters.
- Don’t get too close to a bonfire.
- Do not touch a sparkler once it has gone out – it will still be hot.

Top Tips - Be Seen

- Wearing bright colours are really good at making you stand out on a dull, grey day.
- At night or when it is dark, it is good to wear reflective colours also. They bounce back the light from car headlights and streetlights making you glow in the dark, so you are more likely to be seen.
- Have a look at your own clothes, trainers and bags – are they reflective or have fluorescent colours on them? Look for some examples of things you could wear to be bright and be seen.

http://sysrp.co.uk/junior_road_safety_officers/be_bright_be_seen/